



St. Paul's Episcopal Church

THE GOOD NEWS February 2024

Love God. Love Each Other.

It's just that simple.

—Jesus

Lots of Ways to Get Involved!

Susie Watkins

January 21 was a very busy Sunday. Canon Jason celebrated the Eucharist with the congregation and afterwards we held our annual meeting. We had a light meal and Canon Jason offered a few words of advice and encouragement and opened our meeting with prayer. Reports were given by Deacon Larry, Marty, the Jr. Warden, Susan Sauls, the search committee and St. Ann's Guild, Leslie, a young adult and youth update, a report from Mike, the treasurer, on our financial status, and I presented the Sr. Warden's report. The meeting was informative and all enjoyed the fellowship.

Marilyn Dixon, Alexis Purdy and I rolled off the Vestry. Thanks to both Alexis and Marilyn for their service. Becky Carroll, Mitch Deep and Miranda Purdy were elected to a three-year term. They will serve with Marty White, Diane McMindes, Christina Johnson, Bill Brodsky, Bill Gentry, and Joe Mattingly. Mike France will continue to serve as treasurer.

Following the annual meeting the Vestry held a short meeting to elect officers and to vote on filling two vacancies on the search committee. Connie Spivey and Cooper Lilly were approved to fill the two seats that were open due to resignations. The Vestry elected Bill Gentry to serve as Sr. Warden, Marty White as Jr. Warden. Mike France was appointed treasurer, and I was elected Secretary.

February will be a busy month. The annual Shrove Tuesday Pancake Supper will be held on February 13, 2024 from 5-7. Volunteers are needed. If you

would like to volunteer, contact Leslie,



Judy or me. Ash Wednesday is February 14. There will be two services that day—one at noon and one at 6pm. On ensuing Wednesdays during Lent, Deacon Larry will conduct a book study. As usual, we will have a soup supper. All are welcome. Also, every Friday during Lent at 6 pm, Deacon Larry will celebrate the Stations of the Cross. Please mark your calendars to attend these services and events. We will have a visiting deacon on the first two Sundays of February.



Also, each Wednesday there will be Lenten services with lunch at noon at local churches. We will remind you weekly where they will be held. They start at noon and are over by one so it makes for a wonderful mid-week boost.

PLEASE, sign up for coffee hour. Everyone seems to enjoy the fellowship after church during this time. Only two Sundays are taken for the year, so please make time to help out.



Don't forget your CCO donations of soups, stews and crackers for the month of February.

After a short break, Saints, Sinners and Cynics will begin dining again at Rookies on Tuesdays at 6. We enjoy eating together, the great conversations and wonderful fellowship. Please try and attend. Bring a friend. Everyone is welcome. You will be glad you did.

If you have questions or concerns, contact Deacon Larry or a Vestry member, and we will see if we can resolve your concerns.

God Bless You All and I look forward to seeing you at church on Sunday at 10 am.

Susie Watkins

Upcoming Events

We are delighted to continue to welcome you to join us for in-person worship.
You are also welcome to experience services livestreamed on St. Paul's Facebook page:
<https://www.facebook.com/St.PaulsHenderson>

- Sundays, February 4, 11, 18, 25 — Morning Prayer**
- Tuesdays, February 6 and 27 — Saints, Sinners, and Cynics, 6 p.m. at Rookies**
- Tuesday, February 13, 5 - 7 p.m. — Annual Shrove Tuesday Pancake Supper**
- Wednesday, February 14 — Ash Wednesday — Imposition of Ashes at Noon and 6 p.m.**
- Fridays, February 16 and 23, 6 p.m. — Stations of the Cross**
- Tuesday, February 20, 5:45 p.m. — Vestry Meeting, Rector's Study**
- Wednesday, February 21 and 28 - Soup Supper and Book Study**
- Saturday, February 24, 10 a.m. — Prayer Shawl Meeting**

Parish Hapenings



AML, Not an Easy Journey

from the Deacon

The clinic was busy! I signed in at the reception desk, received my arm band and weighed myself on the scale. We were placed in room 13, I thought well this isn't going to be good! I was still feeling nausea from eating breakfast. The aide came right in to take my vitals, my blood pressure was high but no fever. I told her I was experiencing nausea from eating my breakfast. She typed on the key pad I was having nausea this morning and told us she would let the nurse know, as she left the room.

Immediately, my nurse Sandy came into the room asking how bad the nausea was? She brought with her several packages as well. Sandy said she would draw the blood first and then take off my bandage to clean around my Tri-port. That's what all the packages were for. She left the room to send my blood work to the lab. When she returned, she had three bags of magnesium for me! My magnesium had dropped too low according to the lab test done earlier. It would take three hours for the infusion of the magnesium before we could leave. So Michael and I ordered chicken salad sandwiches for lunch. The sandwiches came with a bag of baked chips, one fruit cup and cookies.

It was about thirty minutes later and I began to get nauseated. I had two more bags of magnesium to finish. Before I could call the nurse my lunch had exited my stomach and onto the floor! Michael left to get the nurse, but she was at the doorway before he knew it. Sandy heard my vomiting and brought something to put in my IV. We changed rooms so the mess I made could be cleaned up. The smell was terrible! I apologized for making such a mess but no need things like that happened all the time.

Dr. Kassim finally arrived to check on me. He looked at Michael and asked, "Do you cleanup his mess very often?" I replied, "No, because this is the first time I've gotten sick!" And I feel much better now! Where's a doctor when you need one! Dr. Kassim just laughed and said, wonderful! Larry is doing Ok! Dr. Kassim continued to chat with Michael while he examined me. Asking Michael if I had been sick before or if he thought the nausea was getting worse. Michael told him I was taking the pills for nausea at home only when I needed to. As Dr. Kassim left, he told me he would see me tomorrow.

It was 3:20 pm that afternoon when I finished the magnesium infusion. Once the nurse had me disconnected from the IV, we were free to go. I actually felt better walking home this time even though I was using my walker for assistance. The sun was still shining as we walked back to the apartment. We stopped at the mail box, but no mail. Glad this day is just about over. Day Five next month.

Larry

Youth News

Leslie Newman

EYC began the new year on Friday, January 5, with practice for Youth Sunday and Epiphany, and as Fr. Morrison taught years ago: "Where youth are involved, there must be food/supper/pizza!" And there was! Margaret Kimberling cheerfully prepared to join and accompany us on January 7. However, COVID threw a kink in our plans and we celebrated Epiphany instead on January 14 with the youth reading the lessons, telling the story of the Epiphany as the homily and incorporating favorite hymns that tell the story (and Neal playing them and the congregation singing them), and leading the prayers of the people. Although we forgot to



display the star, and we were sans costumes, and with thanks to Alexis and Miranda, the baby (doll), manger, camel and gifts symbolizing gold, frankincense and myrrh set the scene. Thanks to Alexis, Kaleigh, Miranda, Addyson, Will, Caroline and Ms. Monessa for participating.

And thanks to Abby who asked what Epiphany is and gave us all a chance to refresh ourselves and to learn more about how Epiphany is celebrated around the world and in different Christian denominations. In keeping with the theme, the youth provided king cake and other treats of the season for coffee hour. We thought king cake was for Mardi Gras, but learned it is customary at Epiphany in some cultures and the Bodega Market on Letcher Street supplied king cake authentic to Hispanic celebration of Epiphany.

After the service, Deacon Larry joined the youth in dismantling the parish hall and nave of our nativities, trees and other symbols of the Christmas season and packing them away until next year.



Youth News

Leslie Newman—

It was a special occasion for Alexis, Kaleigh, Miranda and Caroline, who regularly serve as acolytes to serve when Canon Jason visited on January 21st. Trae serves when he is able. The Purdys are training Abby to serve, and there is room for more acolytes. We love when youth serve, but please know: acolytes don't have to be youth! Adults are welcome too! Please let Judy or me know if you would like to be added to the schedule in February or any month. We will miss Charlie Crabtree as we try to honor his memory in training you and we WILL find vestments for you to wear.

Our young people serve in many aspects of our parish life, many of which are out of the limelight. Kudos to Alexis for completing a three year term of service on the vestry and to Miranda for standing for election (and winning) as Alexis rolled off the board at the annual meeting. From the perspective of the youth director, the willingness of the nominating committee to include youth in the governance of St. Paul's gets kudos too. It's important for the vestry (and the parish family) to hear the voices of young people and it is an opportunity for them to learn and engage in this aspect of service for what you may tire of hearing me say: our youth are not just the future of our church, the ARE our church.



Thanks to Neal Biggers for bringing together a bell choir of young people - Alexis, Trae, Kaleigh, David and Caroline (and Marty and me) on January 28 to play and sing the prelude, "Joyful, Joyful, We Adore Thee", Hymn No. 376. If only I had a photo of Connie Spivey's granddaughter, Sylvia Shelton's, delight. Connie and Sylvia were seated on the front row and not only was Sylvia wide-eyed, with a smile as big as her face and bouncing with excitement, she erupted with applause. We appreciate Neal's initiative to include our youth and young people in the music of our parish, to teach them more about music and to enhance their expression of faith. Those present at the annual meeting heard me share a meaningful compliment from Neal: "Seeing the ministry of the younger people is always inspiring! I admire the outsize role they play in giving the parish life these days."

EYC Bowling Outing

EYC enjoyed an outing to Diamond Lanes Echo January 28. Thanks to Gisele, Heather and Marty for taking their afternoons to be with us: Alexis, Trae, Kaleigh, Abby, Dakota and Caroline. We were joined by Kaleigh's fiancé Jequarius



Patrick and his younger siblings Bre and Quincy, too. It was Quincy's first time to bowl and he gave his experience (and the bowling alley pizza and unlimited



drinks refills an A-OK thumbs up!)

Observations: A good time was had by all; it was a good activity for a dreary drizzly winter afternoon, Caroline and Alexis won the first game for their respective teams, I don't know who won the second game, Abby had her own beautiful blue bowling ball, some of us used bumpers, there is a device that looks like a little slide to assist beginning bowlers in rolling the ball, men were glued to the big screen for the Chiefs v Ravens game, the pizza and pickles got a thumbs up from all, the arcade games are as popular as bowling, and the young men who run the bowling alley, ages 16 and almost 18, do an amazing job. The facility is clean, Sunday afternoons are busy, Brady and Cameron take it all in stride and are hospitable, courteous and efficient.



CCO Donation for December:

Ready to Eat
Soups, Stews, Chili, Crackers

Bring your items to church with you, or drop them by the Parish Office by the third week of the month.

St. Paul's Calendar February 2024

SUNDAY	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4—5 Epiphany 10—Morning Prayer Stacy Howell- Organ	5	6 6 p.m. — Saints, Sinners, and Cynics		8	9	10 DAR Tea
11—Last Epiphany 10—Morning Prayer Margaret Kimberling - Organ	12	13 5 p.m. — Pancake Supper	14 Ash Wednesday Noon and 6 p.m. - Imposition of Ashes	15	16 6 p.m. - Stations of the Cross	17
18—1 Lent 10—Morning Prayer CCO—Soups, Stews, Chili, Crackers Margaret Kimberling - Organ	19	20 5:45p.m. — Vestry Meeting	21 Noon - Lenten Luncheon - Presbyterian Church 6 - Soup Supper & Book Study	22	23 6 p.m. - Stations of the Cross	24 10 a.m. Prayer Shawl Ministry
25—2 Lent 10—Morning Prayer Stacy Howell - Organ	26	27 6 p.m. — Saints, Sinners, and Cynics	28 Noon - Lenten Luncheon - 1st Christian Church 6 - Soup Supper & Book Study	29		

Services in person and livestreamed
on St. Paul's Facebook page.
facebook.com/St.PaulsHenderson

Lay Ministry February 2024

Date & Lessons	Altar Guild <i>Altar Flow-</i>	Ushers	Acolytes	Lay Readers	Coffee Hour	Atrium
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4-5 Epiphany Isaiah 40:21-31 Psalm 147:1-12, 21c 1 Corinthians 9:16-23 Mark 1:29-39	Gisele Purdy <i>Mr. and Mrs. Kent Preston</i>			Cooper Lilly, Susan Sauls	Leslie Newman, Mike France	
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11-Last Epiphany 2 Kings 2:1-12 Psalm 50:1-6 2 Corinthians 4:3-6 Mark 9:2-9	Susan Sauls Ella Thomas <i>Michele Deep and her children</i>			Mike France, Leslie Newman	Susie Watkins, Bill Gentry	
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18-1 Lent Genesis 9:8-17 Psalm 25:1-9 1 Peter 3:18-22 Mark 1:9-15	Alexis Purdy <i>NO Flowers During Lent</i>		The Purdys Caroline White	Mike France, Marty White		
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25-2 Lent Genesis 17:1-7, 15-16 Psalm 22:22-30 Romans 4:13-25 Mark 8:31-38	Marilyn Dixon Ellen Redding 		The Purdys Caroline White	Susan Sauls, Susie Watkins		
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February Birthdays and Anniversaries

2	Joe Mattingly Debra Smith Neal Biggers	14	Scott and Shelly Reitz
4	Cooper Lilly Heather Fulkerson	15	Diane McMIndes
5	Gisele Purdy Jody Payne	16	Trae Purdy
9	Tommy Fulkerson Jr. Scott Russelburg	18	John Tyler Caudill
		21	Reade Mattingly
		26	David Walasky, Jr. Sylvia Shelton
		27	Alyssa Mattingly
		28	Kim Crabtree
		29	Tom Windberg Lorna Littrell

Summer Camp Uncertain this Year

Leslie Newman—

Please be in prayer for Bill Gentry not just in his service as senior warden but as he serves on the board of All Saints Camp, and for our children and youth who love camp and their life there. The diocese does not have a youth director at this time and Bill reports it is unlikely there will be Spring Gathering or Summer Camp this year. This disappointment is devastating to our youth and we are trying to rally with alternate plans. It is a situation complicated by the need to have enough campers to justify the staffing requirement, the year round operation of the camp and the need for capital investment in the building and grounds. Luckily, there is a camp director who is resident there. If your business or family has need of a getaway or retreat facility, please keep All Saints in mind. But that doesn't solve the immediate needs and desires of our youth to plan their summers. Marty has kindly offered to transport our youth to the Diocese of Lexington's camp she attended as a child, The Cathedral Domain, which is located near Corbin Ky.



Our youth are looking into volunteering at the General Convention in Louisville and into camping opportunities with other churches. The conversation continues. They

are not sitting idly by. Please stay tuned.

Shrove Tuesday PANCAKE SUPPER

Bring your whole family!
Invite all your friends!
Eat all you want—and then some!
5:00 to 7:00 p.m.
Tuesday, February 13
Volunteers Needed

Lent Begins

The season of Lent begins early this year, and we will observe Ash Wednesday, February 14 with two services with imposition of ashes: Noon and 6:00 in the evening.

One of the Lenten traditions in our community is the Lenten Luncheon series sponsored by the Henderson County Ministerial Association. Each week during Lent, another of the area's churches takes a turn providing an ecumenical worship opportunity at noon followed by a light lunch. The first of this year's series will be at the Presbyterian Church at noon on February 21, and the second on February 28 at First Christian Church. No ticket is needed, and there is never a cost for the meal, but an offering is collected for the work of the Ministerial Association during the year.

Another of our traditions is our Wednesday evening soup suppers which will begin on February 21 as well. Our program this year be a book study led by Deacon Larry. Please join us for the study and for the fellowship of our journey together.

Over the past few years, as a part of *his* spiritual journey, Deacon Larry has been the one to lead us in observing the Stations of the Cross each Good Friday. This Lent, Larry will lead us on that journey at 6 p.m. each Friday evening, beginning with the first Friday, February 16. This devotion of our Lord's Passion may be the key to *your* journey this Lent.

Heating System gets needed repairs

Marty White

As most of you are aware, the heating system was not working during this most recent cold snap. Repairs have been made and the heat is back on. Our friend, Brian Shell has taken care of us for many years.

Also, a new water heater was installed in the ladies bathroom in January.



Financial Summary as of December 31, 2023

Pledged Income Received to Date	\$119,210
Non-dividend Investment Income Transferred	\$30,000
Other Operating Income to Date	\$64,514
Total Budgeted Expenses to Date	\$213,727

St. Paul's Episcopal Church Staff

The Rev. Larry Courtney, Deacon
Leslie Newman, EYC Director
Judy Duncan, Parish Secretary
Phone—270-826-2937

Service Times

Morning Prayer - Sundays 10 a.m.

Vestry Ministry Teams *(*denotes chair of the committee)*

Sr. Warden
Jr. Warden
Secretary
Treasurer

Bill Gentry
Marty White
Susie Watkins
Mike France

Budget and Finance
Worship and Music
Communications
Christian Formation and Youth
Building and Grounds
Fellowship/Outreach
Pastoral Care
Search Committee

Marilyn Dixon, *Mike France, Bill Gentry, Joe Mattingly
*Marilyn Dixon, Mike France, Bill Gentry
*Christie Johnson, Bill Gentry, Susan Sauls, Susie Watkins
Alexis Purdy, Leslie Newman, *Marty White, Monessa Curry
*Marty White, Bill Brodsky, Joe Mattingly
Marilyn Dixon, Diane McMIndes, *Susie Watkins, Marty White
*Dcn. Larry, Marilyn Dixon, Susie Watkins, Marty White
Mike France, Bill Gentry, Cooper Lilly, Christy Mattingly,
Ellen Redding, *Susan Sauls, Connie Spivey

St. Paul's Episcopal Church

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www.stpauls-henderson.org

